

Precautions for Preventing Infection

We are proceeding with this event while implementing measures to prevent the spread of infection, in line with the resumption of sports events. We ask for your cooperation in minimizing infection risks so that all athletes can participate safely and with peace of mind.

1、All participants are asked to monitor their own health condition prior to the event; please refrain from participating if you notice any abnormalities or feel unwell. Please note that entry fees cannot be refunded in such cases.

2、Please consider whether to participate if any of the following apply to you during the week prior to the event:

- ① You had a fever above your normal body temperature.
- ② You experienced cold-like symptoms, such as a cough or sore throat.
- ③ You experienced lethargy (fatigue) or shortness of breath (difficulty breathing).
- ④ You experienced abnormalities in your sense of smell or taste.
- ⑤ You felt a heaviness in your body or experienced unusual fatigue.
- ⑥ You tested positive for an infectious disease, such as COVID-19 or influenza.

3、Guidelines on Mask-Wearing

Outside of exercise or athletic competition, the decision to wear a mask is left to individual discretion; therefore, we ask that you wear a mask if you feel it is necessary.

4、Thorough hand washing and gargling

Please wash your hands and gargle frequently. Hand sanitizer is available near the reception entrance; please feel free to use it.

5、Use of Changing Rooms

Separate changing rooms for men and women are available at the reception area (inside the North Training Room of Yanmar Hanasaka Stadium); please be considerate of others and vacate the room promptly after changing. Additionally, please strictly observe social distancing guidelines and refrain from speaking loudly while inside the enclosed changing rooms.

6、Please leave promptly after your competition has concluded.

7、Food, Drink, and Trash

Please take your trash home with you. As there are no trash cans provided at the reception area, we have noticed many participants leaving their rubbish in the changing rooms and restrooms. Since this is an event for everyone, we ask for your cooperation in keeping the facilities pleasant for all to use.

Competition Guidelines (Road Race)

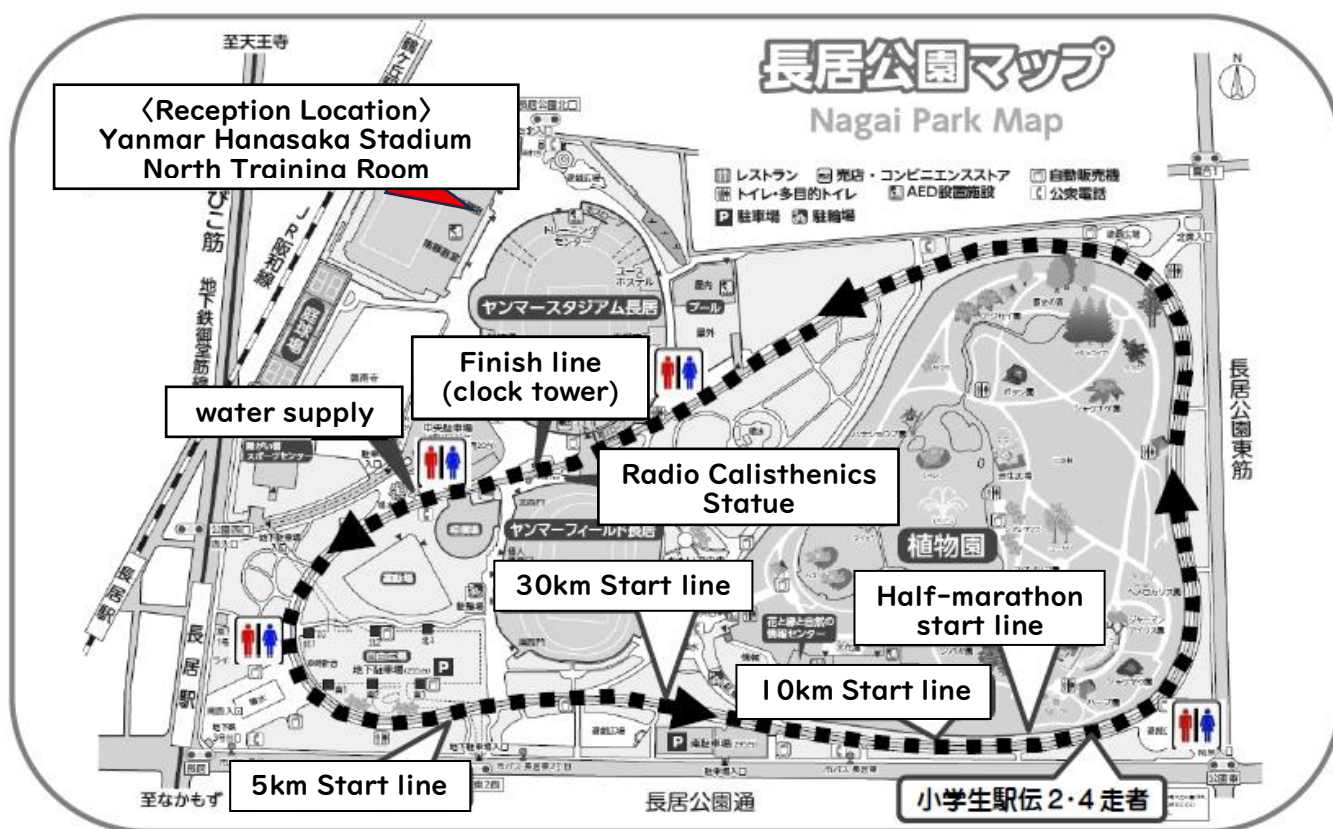
- 1、Please be sure to bring the postcard sent to your home to the reception desk. You will be given your athlete bib (number card) and participation prize.
- 2、Changing rooms are located at the reception area: the "Yanmar Hanasaka Stadium North Practice Room." You may leave your belongings in the North Practice Room after changing; however, as there are no lockers, please take great care of your valuables and manage your items at your own risk.
- 3、As the starting point is a short distance from the registration area, we will guide participants from the designated meeting point—the "Radio Calisthenics Statue." Registration is open from 8:00 AM until 15 minutes before the start time of each event.
 - 30km & Half-Marathon: Assembly time 8:40 AM (in front of the Radio Calisthenics Statue)
Start time 9:00 AM *Time limits: 30km (4 hours), Half-Marathon (3 hours 30 minutes)
 - 10km & 5km: Assembly time 9:40 AM (in front of the Radio Calisthenics Statue)
Start time 10:00 AM *Time limits: 10km (1 hour 50 minutes), 5km (50 minutes)
- 4、We will provide water and sports drinks; however, if you wish to use your own "special drinks," please place them at the designated aid stations yourself.
- 5、Please be sure to return your timing chip after the race. A compensation fee of 2,000 yen will be charged if the chip is lost or not returned.
- 6、After completing the race, please pick up your finisher's certificate at the finish line.
- 7、As the event organizer, we cannot accept liability for any accidents beyond providing first aid; therefore, please exercise great care regarding those around you while running. Runners are prohibited from engaging in behavior that inconveniences other participants or park visitors (such as running while carrying banners or flags, or any action deemed dangerous by the organizers). Please note that the venue is not reserved exclusively for this event. In the unlikely event of a collision or dispute with a park visitor, please notify the event headquarters immediately. Additionally, if you feel unwell, please do not push yourself to continue the race; instead, alert a nearby staff member right away.

8、The results will be posted on the New Japan Sports Federation Osaka Prefecture Federation website at a later date.

9、Tournament officials may take photographs or similar media, which will be used for promotional materials, the website, social media, and the like.

10、The event will generally take place as scheduled, even in the event of rain or snow. However, the event may be cancelled due to severe weather—such as typhoons or heavy snowfall—at the discretion of the event organizers or the facility operators. Cancellation may also occur based on the facility operator's judgment, regardless of the actual weather conditions on the day. In the event of cancellation, we will provide notification on our website as soon as possible. Please note that participation fees will not be refunded if the event is cancelled due to severe weather or at the discretion of the organizers or facility operators. We ask for your understanding in this matter.

11、Please take your trash with you.



〈Course: 2,813m per lap〉

30km/ From the starting point, 10 laps plus the distance to the finish line.

Half/ From the starting point, seven laps plus the distance to the finish line.

10km/ Three laps from the starting point plus the distance to the finish line.

5km/ From the starting point, one full lap plus the distance to the finish line.